

# SENIOR 50+ SNAPSHOT


# July

## JULY

- 2 4th of July Party
- 8 Country Line Dancing
- 17 Momma Mia Italian Party
- 25 Pictionary Tournament
- 28 Book Club with Sika

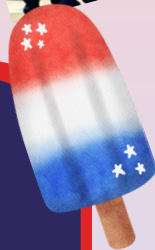


## Learn More

 (951) 727-8010

 The Desi House  
13215 Altfillisch Ct  
Eastvale, CA 92880

 [www.jcsdparks.us](http://www.jcsdparks.us)



# SAVE THE DATE

## AUGUST

- 1 Chair Volleyball Tournament
- 7 Lip Sync Battle
- 11 – 15 Taste of Home: A Celebration of Culture & Cuisine
- 14 Country Line Dancing
- 21 National Senior Citizens Day
- 29 Codenames Tournament

## SEPTEMBER

- 9 Students and Seniors
- 11 Country Line Dancing
- 18 Senior Health Fair
- 24 Interact Club
- 26 Spoons Tournament

**JCS D**  
PARKS & RECREATION DEPARTMENT

# Pictionary Tournament

Senior 50+  
Friday, July 25 10:00 AM  
Registration code: 310057  
The Desi House  
13215 Altfillisch Ct.  
Eastvale

Unleash your inner artist (or scribbler), and join us for a fun-filled showdown where every doodle counts!





# MAMMA MIA!

Kick off your day the ABBA way!  
Join us for a cozy morning screening of Mamma Mia! paired with a delicious pasta lunch bar.

Thursday, July 17  
9:00 AM - 1:00 PM

The Desi House  
13215 Altfillisch Ct., Eastvale

Senior 50+

Registration code: 721428  
Bring your favorite Italian side dish.  
Pasta will be provided.

## SENIOR WELLNESS & EDUCATION

### Walk with a Doc

Third Thursday of  
every month 8:00 AM

### Medicare with Mint

Third Tuesday of every  
month 9:00 AM

### YMCA Diabetes Prevention

Wednesdays 8:30 AM



### Summer Activities in Southern California

- Huntington Beach 4th of July Parade, 10:00 AM
- Huntington Beach Fireworks over the Ocean, July 4th, 9:00 PM
- Orange County Fair kicks off July 18
- Laguna Beach Sawdust Festival wraps up August 31

### Free Fitness

#### **Walking Club:**

Monday-Friday  
8:00 AM

#### **Tai Chi:**

Tuesday 8:30 AM

#### **Silver Sneakers:**

Wednesday and Friday  
9:30 AM

### **This Month's Book Club Book**

*The Guernsey  
Literary and Potato  
Peel Pie Society*



# MEET THE STAFF

## Hansika



- She has been a JCSD Staff Member for three months.
- She is the oldest of 3 siblings.
- Her favorite hobby is dancing.
- She loves Mexican cuisine!
- Fun Fact: She speaks four languages: Hindi, Urdu, Marathi, and English.
- She was raised in Ontario.
- Her favorite color is purple.

**FREE**

**JCSD**  
PARKS & RECREATION DEPARTMENT

## COUNTRY LINE DANCING

**SENIOR 50+**

**TUESDAY, JULY 8**

**10:00 AM**

**THE DESI HOUSE**

**13215 ALTFILLISCH CT., EASTVALE**



**REGISTRATION CODE: 721427**

**LEARN CLASSIC MOVES TO COUNTRY FAVORITES  
AND MODERN HITS!**





4th



# of July Party

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

**Seniors 50+**

**July 2 10:00 AM**

**The Desi House  
13215 Altfillisch Ct.  
Eastvale**

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

Eat, sip, and celebrate —  
it's the 4th of July!

Nachos, watermelon, apple pie,  
and drinks provided.

Registration code: 971000



## **SENIOR SPOTLIGHT** **Art Brezinsky**

1. He has been a regular visitor at The Desi House for over a year.
2. His favorite thing about The Desi House is the wonderful people. ❤️
3. He is a proud father to a daughter and has one grandson.
4. His favorite pastime is attending baseball games—Go Dodgers!
5. He loves Mexican cuisine, especially tacos and enchiladas.
6. Fun fact: He spent 32 years as a truck driver.
7. He grew up in Covina.
8. Currently, he works as a crossing guard.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>1</b> Walking Club 8:00 AM Tai Chi 8:30 AM * Pins & Needles 9:30 AM	<b>2</b> Walking Club 8:00 AM <b>YMCA Diabetes Prevention 8:30 AM *</b> <b>Silver Sneakers 9:30 AM*</b> Bridge 11:30 AM* <b>4<sup>th</sup> of July Party 10:00AM*</b>	<b>3</b> Walking Club 8:00 AM Coffee & Convo 9:00 AM	<b>4</b> 
<b>7</b> Walking Club 8:00 AM Karaoke 10:00 AM <b>Jewelry Class 11:00 AM*</b>	<b>8</b> Walking Club 8:00 AM Tai Chi 8:30 AM * Pins & Needles 9:30 AM <b>Country Line dancing 10:00 AM*</b>	<b>9</b> Walking Club 8:00 AM <b>YMCA Diabetes Prevention 8:30 AM *</b> <b>Silver Sneakers 9:30 AM*</b> Bridge 11:30 AM*	<b>10</b> Walking Club 8:00 AM Coffee & Convo 9:00 AM <b>Social Dance 11:00 AM \$ *</b>	<b>11</b> Walking Club 8:00 AM <b>Silver Sneakers 9:30 AM *</b>
<b>14</b> Walking Club 8:00 AM Karaoke 10:00 AM <b>Jewelry Class 11:00 AM*</b>	<b>15</b> Walking Club 8:00 AM Tai Chi 8:30 AM * Pins & Needles 9:30 AM	<b>16</b> Walking Club 8:00 AM <b>YMCA Diabetes Prevention 8:30 AM *</b> <b>Silver Sneakers 9:30 AM*</b> Bridge 11:30 AM*	<b>17</b> Walking Club 8:00 AM Coffee & Convo 9:00 AM <b>Social Dance 11:00 AM \$ *</b> <b>Momma Mia Italian Party 10:00 AM*</b>	<b>18</b> Walking Club 8:00 AM <b>Silver Sneakers 9:30 AM *</b>
<b>21</b> Walking Club 8:00 AM Karaoke 10:00 AM <b>Jewelry Class 11:00 AM*</b>	<b>22</b> Walking Club 8:00 AM Tai Chi 8:30 AM * Pins & Needles 9:30 AM	<b>23</b> Walking Club 8:00 AM <b>YMCA Diabetes Prevention 8:30 AM *</b> <b>Silver Sneakers 9:30 AM*</b> Bridge 11:30 AM*	<b>24</b> Walking Club 8:00 AM Coffee & Convo 9:00 AM <b>Social Dance 11:00 AM \$ *</b>	<b>25</b> Walking Club 8:00 AM <b>Silver Sneakers 9:30 AM *</b> <b>Pictionary Tournament 10:00 AM*</b>
<b>28</b> Walking Club 8:00 AM Karaoke 10:00 AM <b>Jewelry Class 11:00 AM*</b> <b>Book club with Sika 9:00 AM*</b>	<b>29</b> Walking Club 8:00 AM Tai Chi 8:30 AM * Pins & Needles 9:30 AM	<b>30</b> Walking Club 8:00 AM <b>YMCA Diabetes Prevention 8:30 AM *</b> <b>Silver Sneakers 9:30 AM*</b> Bridge 11:30 AM	<b>31</b> Walking Club 8:00 AM Coffee & Convo 9:00 AM <b>Social Dance 11:00 AM \$ *</b> <b>Birthday Celebration 10:00 AM</b>	